



## Safe Deliveries Conference March 4, 2017 8:30 am to 2:30 pm DoubleTree by Hilton Denver Tech Center Greenwood Village, CO

## AGENDA:

8:30 am Welcome and Introductions

8:40-9:40 am Antenatal Late Preterm Steroids (ALPS): Benefits and Barriers

Ronald Gibbs, MD, Professor Emeritus, University of Colorado School of Medicine

In this presentation, Dr. Gibbs will summarize the methods and results of the hallmark NIH-Maternal Fetal Medicine Network ALPS trial, published in 2016. He will then discuss application to current clinical practice, including benefits to infants and barriers to

implementation.

9:45-10:45 am *Measuring the Cervix: Why and How* 

Helen Feltovich, MD, Adjunct Assistant Professor, University of Utah School of Medicine

Dr. Feltovich will review society guidelines regarding cervical length measurement in both high & low risk populations, and why standardized quantification of measurement is important. Using videos, she will demonstrate measurement technique, followed by a review of images

with audience participation.

10:45-11:00 am Break

11:00-11:45 am Healthcare Equity: Advocating for Moms & Babies

Cheryl Larry-Osman, RN, MS, CNM, Perinatal Clinical Nurse Specialist, Henry Ford Hospital

Healthcare equity efforts focus on increasing the awareness of racial and ethnic health disparities and the social determinants of health. This session will describe the impact of healthcare disparity on individuals/society and address the overarching linkages to maternal and infant morbidity/mortality. The maternal child health team will receive healthcare equity

strategies to help eliminate healthcare disparities.

11:45am-12:30 pm Lunch

12:30-12:45 pm Safe Deliveries Colorado – A Statewide Project

K Joseph Hurt, MD, PhD, Assistant Professor, Division of Maternal Fetal Medicine, Department

of Obstetrics and Gynecology, University of Colorado School of Medicine

Dr. Hurt will provide an update of the work of the Safe Deliveries Colorado project, what it is,

where it is going and what it has achieved to-date.

## 12:45-1:30 pm Perinatal Stress, Preterm Birth, and Infant Mortality in Colorado

M. Camille Hoffman, MD, MSCS, Assistant Professor of Maternal Fetal Medicine, University of Colorado School of Medicine Departments of Obstetrics & Gynecology and Psychiatry

Dr. Hoffman will discuss her research on maternal stress hormones, maternal mental health, and birth outcomes such as preterm birth and how stress during pregnancy is a risk factor for infant mortality and other racial disparities.

## 1:30-2:30 pm **Preterm Birth Prevention: The Role of Low-dose Aspirin**

Kent Heyborne, MD, Chief of Obstetrics and Associate Director of OB/Gyn, Denver Health, Associate Professor, Department of Obstetrics and Gynecology, University of Colorado School of Medicine

Dr. Heyborne will review the current data supporting low-dose aspiring as a strategy for preterm birth prevention and discuss the 2014 United States Preventative Services Task Force (USPSTF) guidelines for low-dose aspirin.





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