

Expanding access to MAT

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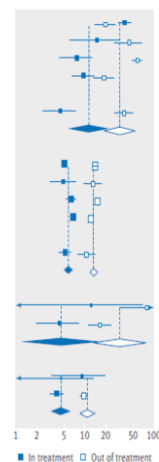
This activity is jointly-provided by
SynAptiv and the Colorado Hospital Association

Conflict of Interest Disclosure Statement

I have no financial interest or other relationships with the industry relative to the topics being discussed.

Why? It saves lives

- Meta-analysis of cohort studies
- Methadone and buprenorphine reduce the risk of death substantially
 - Methadone **11.3% vs. 36.1%**
 - Buprenorphine **4.3% vs. 9.5%**
 - All-cause mortality drops sharply in first 4 weeks of methadone tx
 - **25 fewer deaths per 1000 person-years for those who continue tx!**



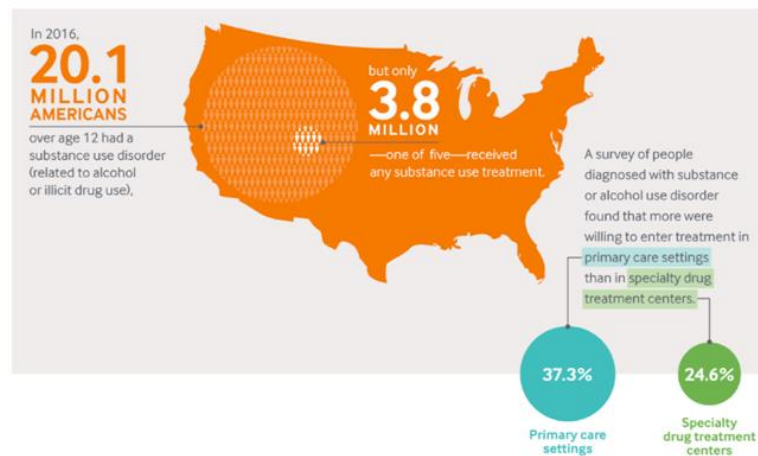
Sordo L, et al. *BMJ* 2017

Treatment gap

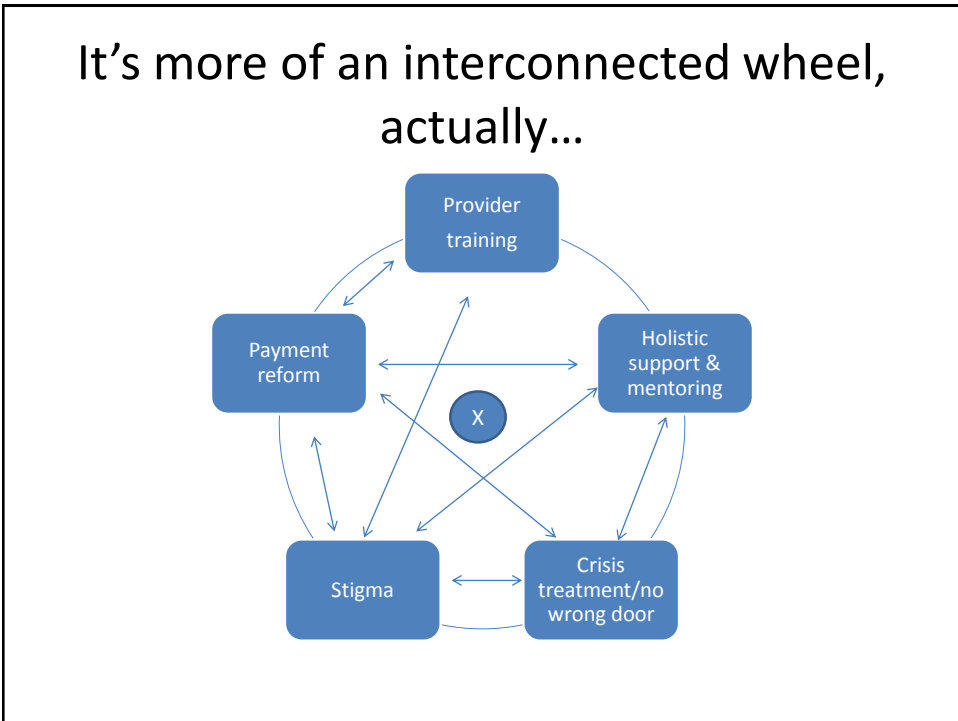
- 48 states with opioid abuse or dependence #s > MAT spots
- Gap of nearly 1 million assumes that all DATA-waivered physicians prescribing to their limits
- Only 55% of waived providers listed on SAMHSA website's treatment locator
- Estimated gap 1.4 million, real gap probably significantly higher

Jones CM et al. *Am J Pub Health* 2015

Primary care will fill the gap



Sources: Center for Behavioral Health Statistics and Quality, *Key Substance Use and Mental Health Indicators in the United States: Results from the 2016 National Survey on Drug Use and Health* (Substance Abuse and Mental Health Services Administration, Sept. 2016), see: <https://store.samhsa.gov/shin/content/SMA17-S044/SMA17-S044.pdf>. C. L. Barry, A. J. Epstein, D. A. Fiellin et al., "Estimating Demand for Primary Care–Based Treatment for Substance and Alcohol Use Disorders," *Addiction*, May 2016 111(8):1376–84.



Provider training

- Beyond waiver training
 - Practice development
- Develop APP training programs
 - Most capacity will be with PAs
- Primary care fellowships
 - Behavioral health
 - Substance abuse
- Addition Counselors



Crisis treatment



- “No wrong door” approach
- Accommodate drug users when ready for treatment
- Referrals from:
 - LEAD, PAARI
 - Emergency departments
 - Detox
 - Inpatient
 - Drug court
 - Primary Care
 - Jails
 - School-based health

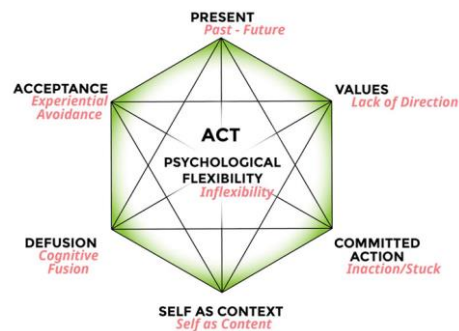
Crisis treatment: more than just a referral

- Must be a robust system that can overcome barriers to access
 - Housing
 - Insurance



Stigma

- Public
- Patients
- Professional
 - Provider
 - Staff
 - Recovery community
- Regulatory
 - 42 CFR Part 2



Payment reform

- Inpatient/residential
- Outpatient
 - Counseling services
 - Group visits
- Parity with mental health
- What happens when the grants dry up?



Support and mentoring

- Mentors
 - Peer recovery coaches
 - Peer patient navigators
 - Bridge between treatment and recovery
 - Innovative models
 - Telephone recovery support
- Community recovery

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PCA Telephone Recovery Support is a free service that provides weekly phone calls to people in recovery from alcohol and/or drug addiction. Trained TRC callers "check in" and ask how people are doing managing their recovery. TRC callers are trained to provide support, encouragement and information about recovery resources. TRC helps reduce relapse and enhances the recovery experience.

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The X factor: space to do the work

- Primary barrier to school-based expansion:
lack of space
- Old and decrepit buildings not therapeutic
 - Not so subtle message about value
- Outpatient clinics need room for inductions,
group visits