

Colorado ALTO Project

Executive Team Readiness

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Thank you for your interest in partnering with Colorado Hospital Association (CHA) to implement the Colorado ALTO Project. Based on the success of the CHA Opioid Safety Pilot, which achieved a 36 percent average reduction in the administration of opioids in 10 hospital emergency departments by utilizing alternatives to opioids (ALTOs) when appropriate, the Colorado ALTO Project will work to expand that success statewide. Your hospital's participation in this one-of-a-kind initiative will have a lasting impact on your staff, your community and the Colorado opioid crisis.

To help you build a solid infrastructure for cultural change in your organization, CHA developed the attached resources to help you complete Step One – the pre-launch phase. This packet includes three important documents:

1. Executive Team Readiness Overview
2. Executive Team Readiness Checklist
3. Commitment and Attestation Document

After your team has completed these documents, you will be ready to move to Step Two and continue with the implementation process.

Step Two consists of training and system design. CHA will provide a variety of training options, including in-person regional train-the-trainer sessions, webinars, podcasts and train-the-trainer videos.

Training is specifically designed for clinicians, nurses, pharmacists, quality improvement specialists, data specialists and communication and marketing champions. Train-the-trainer toolkits are provided to hospitals upon completion of the training.

CHA is also offering data collection support to include hospital-specific reports on the progress of opioid reduction and ALTO utilization. Additional reports will be available to hospitals that wish to participate.

Thank you for your leadership and commitment to opioid safety in Colorado. We look forward to working with you in the coming year.

Colorado ALTO Project – Executive Team Readiness Checklist

To begin your organization's participation in the Colorado ALTO Project, you must complete the pre-launch work in Step One.

- ☐ Review the [2017 Colorado Opioid Safety Pilot Results Report](#)
- ☐ Review the Colorado Chapter of the American College of Emergency Physicians [2017 Opioid Prescribing & Treatment Guidelines](#)
- ☐ Review the [Using Alternatives to Opioids \(ALTOs\) in Hospital Emergency Departments Pre-Launch Checklist](#)
- ☐ If your team needs additional information or has questions prior to moving forward, please contact either:
 - Diane Rossi MacKay – diane.rossimackay@cha.com
 - Ashley Baker – ashley.baker@cha.com

After the team has reviewed this information and is planning to move forward with the Colorado ALTO Project, please complete the rest of this checklist:

- ☐ Discuss and choose appropriate ALTO Project team champions:
 - Overall Champion
 - ED Medical Director
 - ED Nurse Director
 - Pharmacy Director
 - QI Champion
 - Communications/Marketing Director
 - IT Champion
 - Data Point of Contact
- ☐ Project champions begin working on their assignments work on pre-launch checklist
- ☐ Begin collecting baseline data
- ☐ Craft hospital-wide communication about the Colorado ALTO Project and project timeline
 - See [Using Alternatives to Opioids \(ALTOs\) in Hospital Emergency Departments Pre-Launch Checklist](#) for suggested timeline
- ☐ Complete and sign the Commitment and Attestation Form and display it in your facility's emergency department as a public reminder of your team's commitment to this project

Colorado ALTO Project – Commitment and Attestation Form

_____ [HOSPITAL NAME] is committed to implement a cultural change in our treatment of acute pain in our Emergency Department (ED) by implementing Alternative to Opioids (ALTOs) protocols.

We understand that opioids are inherently dangerous, highly addictive drugs with significant abuse potential, numerous side effects, lethality in overdose, rapid development of tolerance and may have debilitating withdrawal symptoms.

We will adjust our ED processes and systems to primarily utilize ALTOs for acute pain, using opioids as second-line treatments and only after effective nonopioid alternatives have been trialed.

We will therefore, reduce the risk of addiction for our patients and in our community.

We will commit to training our clinicians, nurses, pharmacists and other staff to ensure that we can fully implement the Colorado ALTO Project.

CEO Signature: _____ Date: _____
Name Printed: _____

CNO: _____ Date: _____
Name Printed: _____

CMO: _____ Date: _____
Name Printed: _____

ED Medical Director: _____ Date: _____
Name Printed: _____

ED Nursing Director: _____ Date: _____
Name Printed: _____

Medical Executive Chair: _____ Date: _____
Name Printed: _____