

# CO's CURE

## Competency: Alternatives to Opioids

### Pre-/Post-Test Answer Key

Question 1: What is an ALTO?

Answer: E. All of the above.

Question 2: Which of the following represent(s) ALTO Principles?

Answer: B. Use opioids as a rescue drug.

Question 3: What is the Channels-Enzymes-Receptors Targeted Analgesia (CERTA) approach to pain management?

Answer: A. Targeted, patient-focused analgesic approach to pain management

Question 4: Which of the following pathways are included in the Rocky Mountain Chapter of the Society of Hospital Medicine *2019 Opioid Prescribing and Treatment Guidelines*?

Answer: E. All the above

Question 5: What are some critical success factors when introducing an ALTO medication to a patient or family member?

Answer: E. All the above

Question 6: According to the CO's CURE Hospital Medicine pathways, lidocaine topical patches are a first-line therapy for pleuritic pain.

Answer: A. True

Question 7: According to the CO's CURE Hospital Medicine pathways, gabapentin is considered a second-line therapy for extremity pain?

Answer: B. False

Question 8: What is the most important side effect to consider when administering IV lidocaine?

Answer: C. Cardiac history

Question 9: Dicyclomine can be administered as a slow IV push.

Answer: B. False

Question 10: Ketamine must be used with caution in patients with significant psychiatric history and avoided in patients with PTSD and mania.

Answer: A. True

Question 11: Acute pain is defined as lasting for less than six months, is directly related to an injury and is more severe than chronic pain.

Answer: A. False

Question 12: Chronic pain is always treated with opioids.

Answer: B. False

Question 13: Chronic pain is the least common cause of long-term disability.

Answer: B. False

CO's CURE Hospital Medicine Pilot Attestation:

I have read and understood the goals, objectives and the implementation of (name of hospital) CO's CURE Hospital Medicine Program, including an understanding of the Society of Hospital Medicine *2019 Opioid Prescribing and Treatment Guidelines*, the pharmacologic guideline and pathways.

Answer: A. True