

CO's CURE

Hospital Medicine ALTO Project

Colorado Data

- [Update this section with current opioid drug overdose data from the Colorado Department of Public Health and Environment – link [here](#)]



[ORGANIZATION] is participating in the **Colorado Opioid Solution: Clinicians United to Resolve the Epidemic (CO's CURE)** Hospital Medicine ALTO Project beginning [add date].

[Organization] will be implementing five alternatives to opioids (ALTO) pain pathways developed by the Rocky Mountain Chapter of the Society of Hospital Medicine (SHM). These pathways are directly from the *2020 Opioid Prescribing and Treatment Guidelines for the Medical Inpatient*, also created by SHM, which allow hospitalists to champion this work and accelerates the rate of adoption and sustainability.

The purpose of this project is to reduce the administration of opioids while still treating pain appropriately through the use of ALTOs. This project was piloted by Colorado Hospital Association across ten sites and this demonstrated an overall reduction in opioid administrations with an increase in ALTO administrations.

The work is based on four pillars designed to address the opioid epidemic:

1. **Limiting opioid usage**
2. **Using ALTOs for the treatment of pain**
3. **Implementing harm reduction strategies**
4. **Improving treatment and referral of patients with Opioid Use Disorder**

Key training topics include:

- **Treating Pain: Modalities and Opportunities**
- **Alternatives to Opioids**
- **Engaging and Empowering Patients**
- **Physiology of Pain**

Visit www.cha.com/hospitalistCURE for resources and tools specific to this project. Contact [ORGANIZATION CONTACT] with questions.