# Addressing Violence

in Colorado Hospitals

## We all deserve a **Safe place** to seek medical care.

Our health care workers deserve a **safe place** to provide it.



FEBRUARY 2023

Violence against health care workers is on the rise. It is an unbelievable reality for a workforce that has been brutalized by the COVID-19 pandemic and its subsequent mental and emotional fallout.

# **5**x

Health care workers have the highest rates of workplace violence injuries – they are **five times more likely to be injured** than other workers.<sup>1</sup>

## Every **30** minutes

On average, **a nurse is assaulted every 30 minutes** – more than 5,200 nurses were assaulted in just the second quarter of 2022.<sup>2</sup>



In a one month review, 90% of health care workers had experienced or witnessed violence from a patient or a patient's caregiver.<sup>3</sup>

## Violence is **increasing**

A National Nurses United survey found that nearly half of nurses report an increase in workplace violence – a 119% increase from March 2021.<sup>4</sup>

In the same month, **75% encountered both verbal and physical assaults** and **nearly half of workers had to call for help.** 

#### Rates of Assaults in Hospitals 2012 – 2021



Simple assault is defined by the FBI as an unlawful physical attack by one person upon another where neither the offender displays a weapon, nor the victim suffers obvious severe or aggravated bodily injury. The consequences of this trend cannot be ignored. Due in part to the repeated trauma of violence and harassment, health care workers are leaving the field to take themselves out of harm's way. At a time when the Colorado is expected to be **short 10,000 nurses and 54,000 health care ancillary staff members by 2026,**<sup>6</sup> we must do all that we can to protect our health care workers.

## A recent Mercer study found that Colorado is in the bottom five states for anticipated shortages in registered nurses.

### Bottom 5 RN Gap/Surplus States<sup>6</sup>

	Gap to 2021	Gap to 2022	Gap to 2023	Gap to 2024	Gap to 2025	Gap to 2026
Pennsylvania	-3,865	-5,951	-9,639	-13,265	-16,688	-20,345
North Carolina	-3,012	-4,261	-6,708	-9,013	-10,914	-13,112
Colorado	-2,640	-3,778	-5,595	-7,319	-8,759	-10,431
Illinois	-2,329	-3,960	-5,187	-6,369	-7,452	-8,654
Massachusetts	-2,275	-3,652	-4,705	-5,714	-6,575	-7,576

Through a once-in-a-generation pandemic, health care workers were there for us. **Now, it's our turn to be here for them.** 

### What Hospitals Are Doing

The safety of their patients and staff is the highest priority for every Colorado hospital. All hospitals have violence prevention programs and are required to have worker training programs as a condition of their accreditation. Safety efforts underway include:



# What Can YOU DO?

Verbal and physical assault have no place in a health care setting. Bring your best to the hospital by treating health care workers with kindness and respect. Help create a



## Remember:

- Hospitals are places of healing. Disrespectful, aggressive, abusive, or violent behaviors or actions towards staff, patients, and visitors are not tolerated.
- Assault isn't just physical. Threatening, discriminatory, bullying, disrespectful, or offensive language towards staff, patients, and visitors is assault.
- Don't take photos or videos of patients, visitors, and/or staff without permission.
- Don't disrupt other patients' care or experience.



- <sup>1</sup> https://www.ncbi.nlm.nih.gov/pmc/articles/PMC9206999/
- <sup>2</sup> https://www.ormanager.com/briefs/2022-statistics-on-healthcare-workplace-violence/#:~:text=According%20to%20data%20from%20Press,majority%20of% 20attackers%20were%20patients
- <sup>3</sup> https://www.securitymagazine.com/articles/97590-92-of-healthcare-workers-experienced-workplace-violence-in-april-2022
- <sup>4</sup> https://www.ormanager.com/briefs/2022-statistics-on-healthcare-workplace-violence/#:~:text=According%20to%20data%20from%20Press,majority%20of% 20attackers%20were%20patients
- <sup>5</sup> https://iahssf.org/assets/2022-IAHSS-Foundation-Crime-Survey.pdf
- <sup>6</sup> https://www.mercer.us/content/dam/mercer/assets/content-images/north-america/united-states/us-healthcare-news/us-2021-healthcare-labor-market-whitepaper.pdf

Thanks to the Massachusetts Health & Hospital Association, whose efforts on workplace violence prevention contributed to this report.