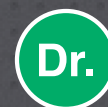


# Where for care? | PLAN



Medical emergencies can happen at any time. Do you know where you'll go for care when you and your family need it most? Create your plan *before* an emergency happens.

Understanding where to go for care can affect how much you pay, how long you wait, and the treatment you receive. Cost is typically determined based on the type of facility you visit – not just your injury or condition. Your primary care provider will usually be the cheapest option, followed by urgent care. The ER – whether freestanding or connected to a hospital – is the costliest option for care.

## INSURANCE:

Plan/ID number \_\_\_\_\_  
Phone \_\_\_\_\_  
Website \_\_\_\_\_  
Nurse call line \_\_\_\_\_

## FAMILY INFORMATION

Name \_\_\_\_\_ DOB \_\_\_\_\_  
Important medical information/allergies/prescriptions \_\_\_\_\_

Name \_\_\_\_\_ DOB \_\_\_\_\_  
Important medical information/allergies/prescriptions \_\_\_\_\_

Name \_\_\_\_\_ DOB \_\_\_\_\_  
Important medical information/allergies/prescriptions \_\_\_\_\_

Name \_\_\_\_\_ DOB \_\_\_\_\_  
Important medical information/allergies/prescriptions \_\_\_\_\_

Dr.

## PRIMARY CARE PROVIDER / PEDIATRICIAN (\$)

*Your first line of care when you can make a daytime appointment. Best for wellness screenings, immunizations, chronic conditions, and other non-urgent issues.*

Name \_\_\_\_\_  
Address \_\_\_\_\_  
Phone \_\_\_\_\_

Name \_\_\_\_\_  
Address \_\_\_\_\_  
Phone \_\_\_\_\_

URG  
ENT

## URGENT CARE (\$\$)

*Best for non-life-threatening conditions when your primary care provider is unavailable – most often during extended evening and weekend hours.*

Name \_\_\_\_\_  
Address \_\_\_\_\_  
Phone \_\_\_\_\_

ER

## EMERGENCY DEPARTMENT (\$\$\$)

*Available 24/7 for emergencies like chest pain, trouble breathing, large wounds, or broken bones.*

Name \_\_\_\_\_  
Address \_\_\_\_\_  
Phone \_\_\_\_\_

**If you have a life-threatening condition, call 9-1-1.**